# SUSAN BURRELL

AUTHOR & PODCASTER



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### SUSAN BURRELL

Susan is a feisty scorpio (she was even born with the red hair to back it up!) who has navigated life by learning how to listen within, to that Divine urge that keeps pointing her in the direction of her life's purpose, even when she can't see the road. She is an intuitive healer and spiritual guide in the crossroads of life. Susan has has been counseling and supporting people in transforming from the inside out for over 25 years. Her methods are proven as she herself has lived this journey to empowerment.

Susan hosts a thought provoking podcast on the eWomen Podcast Network called *Empowering Chats with Susan Burrell*. She is also featured on *Insight Timer* a meditation app and she is the author of *Live Your Empowered Life! A 30-Day Journey Book*.

## SPEAKING TOPICS

JOURNEY FROM WORTHLESS TO WORTHY

#### It Only Takes 5 Steps:

- 1) Get the garbage out of your head
- 2) Release the bondage of fear
- 3) Create strong internal boundaries
- 4) Activate heart coherence & love
- 5) Create you ideal map for an **Empowered Life** filled with Joy!

#### ACTIVATE EMPOWERMENT

Learn how these tools can support you on your path to Empowerment:

- Journaling
- Meditation
- Affirmations
- Mind Mapping

#### FINDING YOUR MORAL COMPASS

What would your journey look like if you took the high road? Susan will show you how to create a grounded and connected business that includes your whole self.



I completed my session with Susan tingling. She is gentle and calming, but her strength is unmistakable. Her insight has changed my life on many levels. The resulting freedom is invaluable. MICHELLE WINTERBURN, LIFE COACH



## DARE TO BEGIN

Do you have pockets of self doubt that are keeping you stuck? Are you at a crossroads, uncertain as to which road to take? Do you feel like you are doing your business and your life all-by-yourself?

Ready to find your Freedom, Celebrate your Brilliance and Own your Opulence?

Susan helps strong, capable women who have pockets of self doubt become confident, clear and able to trust themselves more.

Susan is an intuitive healer and spiritual guide. She supports women in building an inner foundation based on loving themselves. She does this by helping to remove mental, emotional and energetic blocks to create an empowered life from the inside out, filled with freedom, brilliance and opulence.

I was feeling at an impasse with my business partner and uncertain of the future. Within 24 hours of having a mind-opening session with Susan, my fears were gone and the issues with my partner effortlessly resolved themselves.

CINDY TANSIN, MORTGAGE BROKER

# empowering

WITH SUSAN BURRELL

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